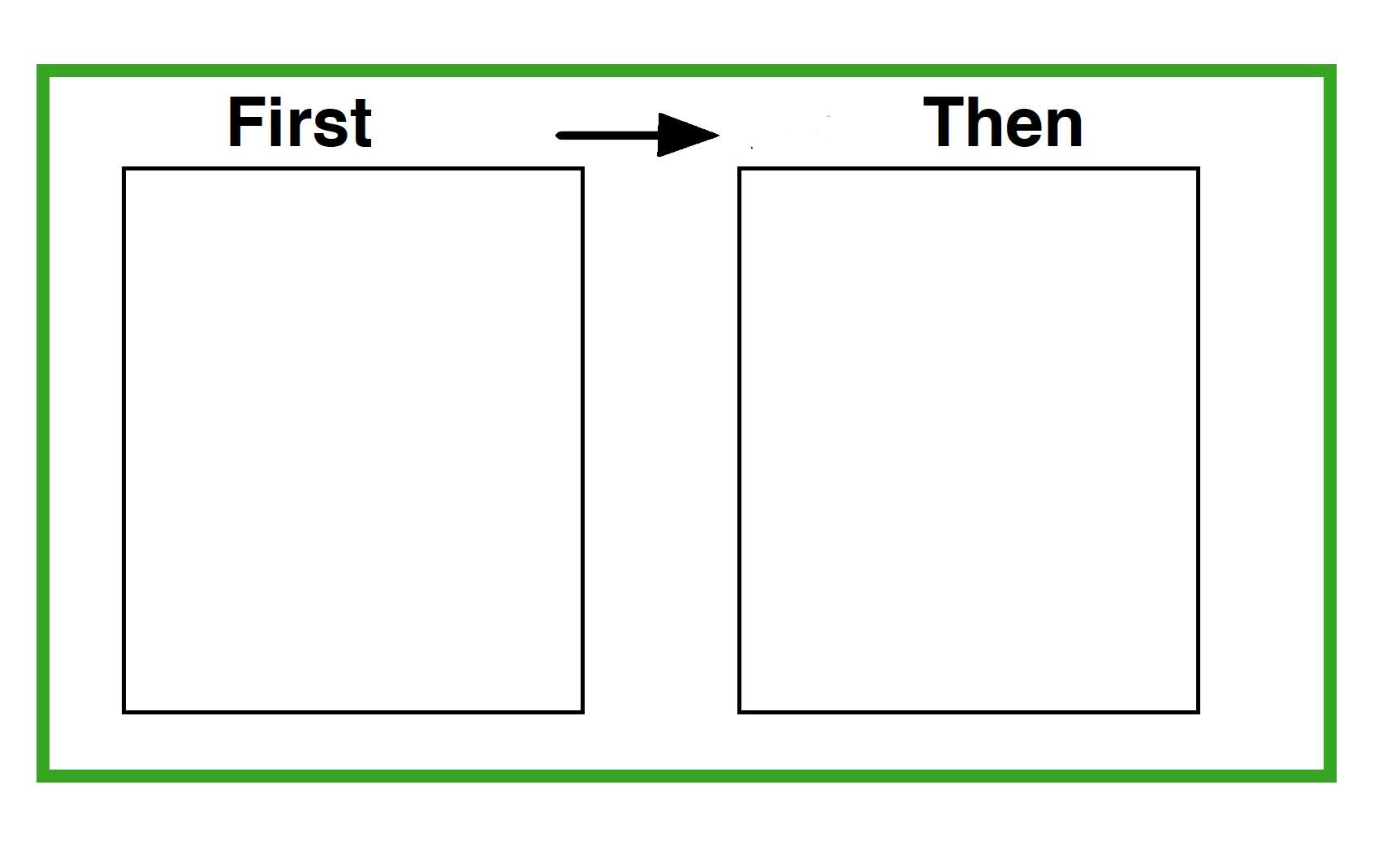
**Intellectual Disability**

* Engage in frequent repetition of concepts. Explain concepts in different ways (i.e. visually and verbally, model)
* Break large tasks into small steps - demonstrate/model the steps and have the child do the steps, one at a time
* Spend this time practicing functional activities (i.e., feeding themselves, personal hygiene, helping to set the table, cleaning their room, etc.)
* Chunk tasks into 10-15 minutes of work at a time
* Use a timer to show how much time the child has left to work. You can use your timer on your phone, a kitchen timer, etc.
* Break up the child’s schedule with physical and sitting down activities
* Use hands-on and multi-sensory activities to reinforce learning. For instance, spread shaving cream on a baking tray and encourage the child to practice writing their letters or spelling words in the shaving cream. Dry flavored jello mix could also be used.
* Reinforce learning by providing real-life examples.
* Read to the child and with the child
* Play games to reinforce skills such as counting (ex. Move 5 spaces on a game board) or color recognition (ex. move to the red square).
* Visual Schedule/Checklist (sample provided - *Figure 1*)
* First-Then Chart (sample provided with pictures - *Figures 2 & 3*)
* Break Card (sample provided - *Figure 4*)

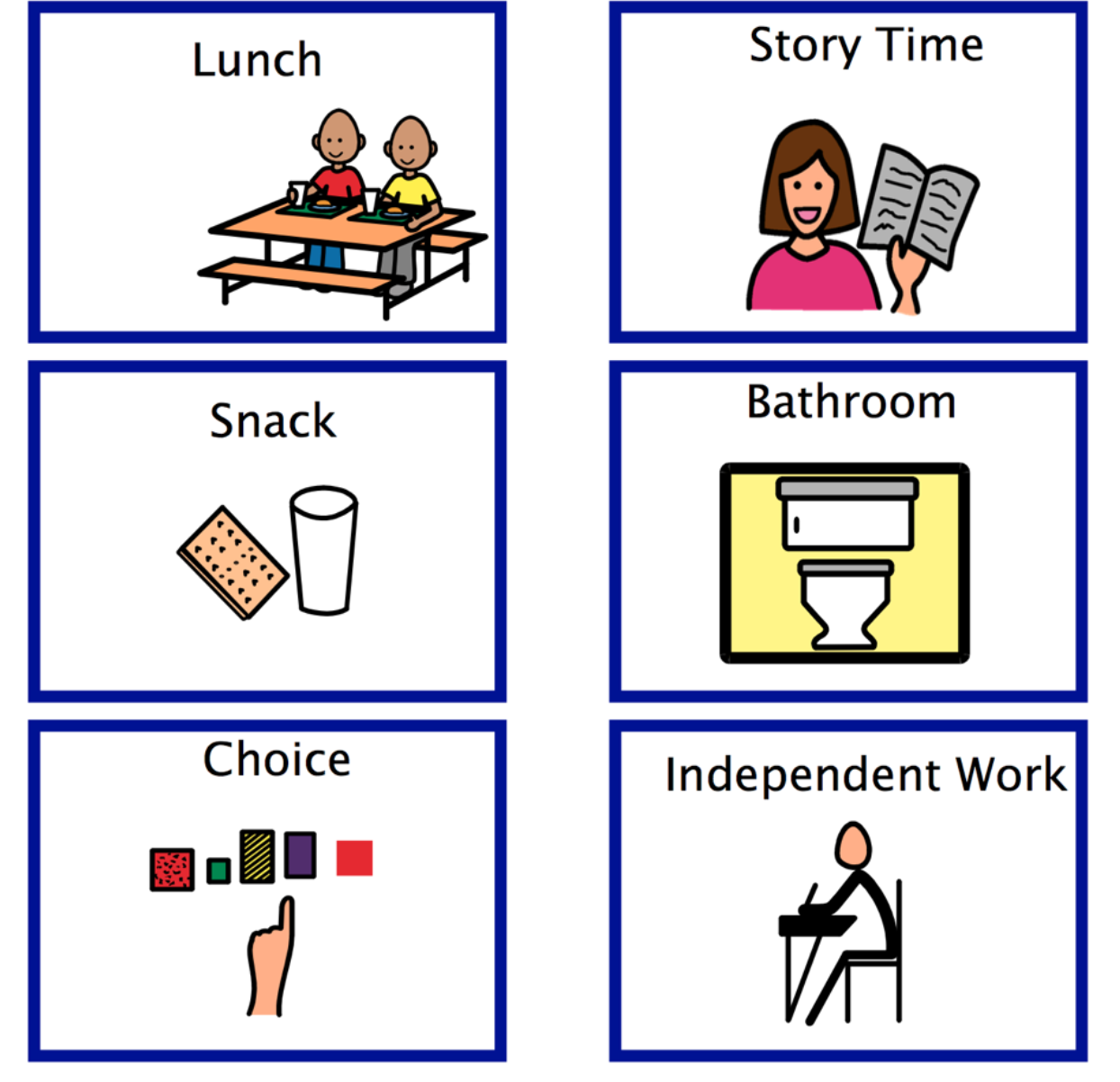
*Figure 1.* Sample Visual Schedule/Checklist

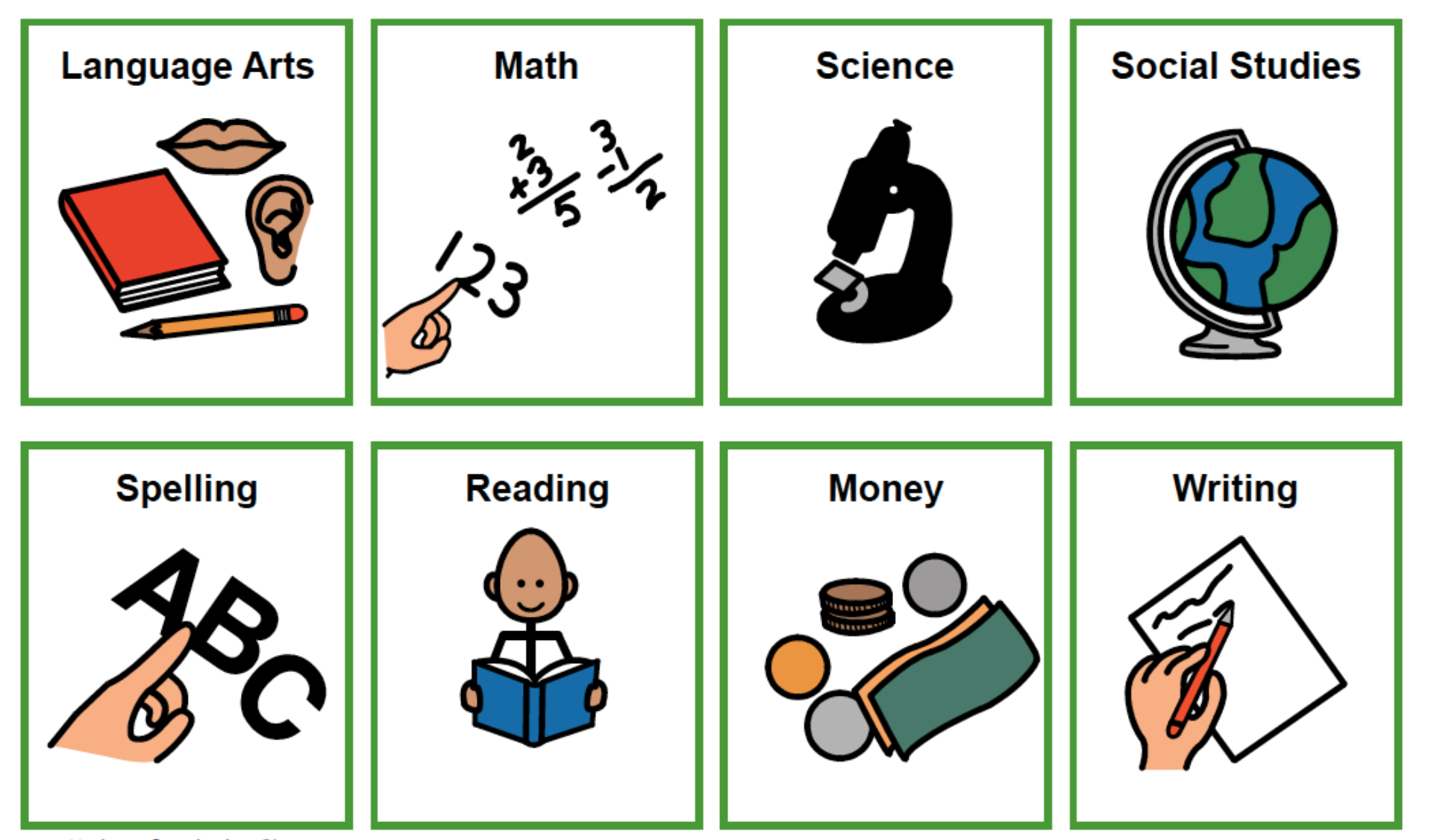


*Figure 2*. Sample First-Then Chart



*Figure 3.* Images for First-Then Chart





*Figure 4.* Sample Break Card

