**Promoting Students’ Complete Mental Health in a Multi-Tiered Framework**

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| **CURRENT STATUS** | **POSSIBLE (Ideas from Today)** | **FOLLOW-UP (Action Steps)** |
| 1. **Indicators of Student Success**

What are the priority student outcomes for my school/district (e.g., test scores, GPA value, attendance goals, college entrance rate, etc.)? |
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| 1. **Definition of Student Mental Health**

How does my school/district define “mental health”? Are some aspects given particular attention? |
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| 1. **Mental Health Monitoring**

What are the indicators of student mental health that are assessed/monitored regularly for all youth in my school/district?  |
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| 1. **Definition of Mental Health Support/Service/Intervention (Programs and Practices)**

What does my school/district consider a school mental health intervention/service/support? |
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| 1. **Existing Mental Health Services**

What mental health initiatives/interventions/supports are in place now in my school/district? | Tier 1 (Universal) | Tier 2 (Targeted) | Tier 3 (Intensive) |
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| **CURRENT STATUS** | **POSSIBLE (Ideas from Today)** | **FOLLOW-UP (Action Steps)** |
| 1. **Tier 1 (Universal) Mental Health Services**

What Tier 1 mental health supports and services are in place in my schools? |
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| 1. **Tier 2 (Targeted, Selective) Mental Health Services**

What Tier 2 mental health supports and services are in place in my schools? |
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| 1. **Tier 3 (Intensive, Individualized) Mental Health Services**

What Tier 3 mental health supports and services are in place in my schools? |
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| 1. **Priority Needs for Universal Mental Health Supports**

What are the primary mental health risk factors and symptoms in my schools?  |
| Common to Developmental Level? | Specific to Community (e.g., acculturation, crime, SES-related, academic stress, vocational goals)? | Perceived by Stakeholders (teachers, parents, admin, etc.)? |
| **CURRENT STATUS** | **POSSIBLE (Ideas from Today)** | **FOLLOW-UP (Action Steps)** |
| 1. **Educator Well-Being**

What activities are in place in my school/district to promote staff emotional well-being and/or prevent burnout? |
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| 1. **Student Assets and Positive Emotions**

How are personal assets and positive emotions (positive feelings about the… *past*: gratitude, forgiveness; … *present*: kindness, identification and use of character strengths; …*future*: optimism, goal-directed thinking) promoted/targeted in my school/district? |
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| 1. **Teacher-Student Relationships**

How are student-teacher relationships emphasized/promoted/targeted in my school/district? |
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| **CURRENT STATUS** | **POSSIBLE (Ideas from Today)** | **FOLLOW-UP (Action Steps)** |
| 1. **Monitor Student Mental Health**

What data does my school/district use to monitor the social-emotional-behavior health of students in my school/district? * Which indicators are used to identify students in need of Tier 2 supports?
* Which data are used to evaluate the effectiveness of programs and practices?
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| 1. **Integrating Interventions that Address Different Targets and at Different Intensities**

How is the big picture conveyed in my school to provide a rationale for multiple social-emotional-behavioral supports? How to ensure collaboration? |
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| 1. **School Mental Health Partners**

Which individuals in my school/district have primary or secondary responsibility for promoting student mental health? How to secure buy-in from partners on school teams and within the community tasked with Tier 1, Tier 2, and Tier 3 supports? |
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